

<b>Title</b>	<b>Area</b>	<b>Copies</b>	<b>KS4 office</b>	<b>Year 8/9</b>	<b>Year 7</b>	<b>C4/5 Base</b>	<b>C121 Office</b>
<a href="#">A Smart Girl's Guide to Drama Rumors and Secrets</a>	Friendship	3		x	x	x	
<a href="#">A Smart Girl's Guide to Middle School</a>	Transition	2			x	x	
<a href="#">A Smart Girl's Guide to Understanding her Family</a>	Family	1		x	x		
<a href="#">Blame my brain</a>	Sorting your life out	3	x	x			x
<a href="#">Bullies, Bigmouths and so-called Friends</a>	Self-esteem /assertiveness /friendship	2			x	x	
<a href="#">A Smart Girl's Guide to Friendship Troubles</a>	Friendship	2		x	x		
<a href="#">Going up</a>	Transition	1			x		
<a href="#">Hello Happy</a>	Ks2 focus	1			x		
<a href="#">How 2 Be Happy</a>	Sorting your life out	4	x	x	x	x	
<a href="#">How to make and keep friends</a>	Friendship	2	x		x		
<a href="#">It's all in your head</a>	Sorting your life out		x				
<a href="#">Mind your head</a>	General mental health	1			x		
<a href="#">My Anxiety handbook</a>	Anxiety	2	x	x			
<a href="#">No Worries</a>	KS2 focus	1			x		
<a href="#">Open - a Toolkit for how magic and messed up life can b</a>	Sorting your life out	2	x	x			
<a href="#">Self Esteem and Being You</a>	Self esteem/assertiveness	3	x	x	x		

<a href="#">Stand up for yourself and your Friends</a>	Self-esteem/assertiveness	1			x		
<a href="#">Stick up for yourself</a>	Self-esteem/assertiveness	3	x	x	x		
<a href="#">Stuff that Sucks</a>	Sorting your life out	5	x	x	x	x	x
<a href="#">Teenage Guide to Friends</a>	Friendship	3	x	x			x
<a href="#">Teenage Guide to Stress</a>	Stress	2	x	x			
<a href="#">The 7 Habits of Highly Effective Teens</a>	Sorting your life out	1					
<a href="#">The Anxiety Survival Guide for Teens</a>	Anxiety	1					x
<a href="#">The Art of Being Brilliant Teenager</a>	Sorting your life out	2			x	x	
<a href="#">The Feelings book</a>	General mental health	2			x	x	
<a href="#">The Little CBT Workbook</a>	Depression	4	x	x		x	x
<a href="#">This Book is Gay</a>	Homosexuality	1					
<a href="#">Touch and Go Joe</a>	OCD/ anxiety	1					
<a href="#">What to do when your Temper Flares</a>	Anger management	1			x		
<a href="#">You are Awesome</a>	Boys/sorting your life out	4	x	x	x		x
Banish Your Self-Esteem Thief	Self esteem	1					x
Starving the Anxiety Gremlin	Anxiety	1					x