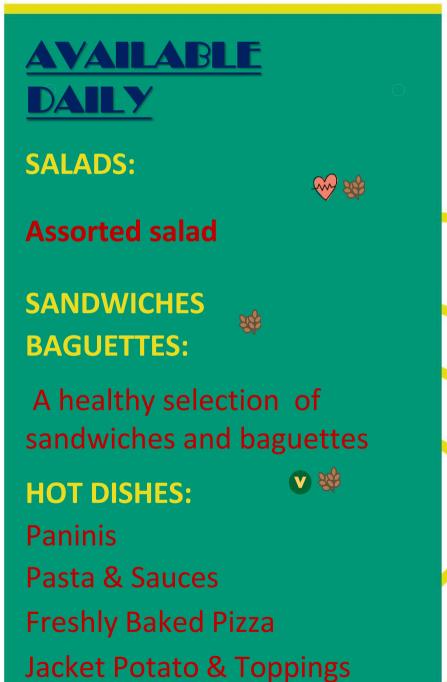
## WEEK 1 HALAL MENU @





GRAB & GO **OPTIONS** 

MON	Chicken Bangers and Mash With Vegetables and Gravy	Quorn Bangers & mash with Vegetables and Gravy
TUE	<b>Turkey con chilli</b> With Rice & peas	Feta and Beetroot Burger ♥ ♥ Served with Chipotle Wedges and Side Salad
WED	BBQ Mandarin Chicken ♥♥ with Vegetable Egg Fried R	Vegetarian Cottage Pie Served with Vegetables and Gravy
THUR	<b>Smokey Chicken Pasta Bake</b> Served with Salad	Sweet Potato and Bean Enchilada Served with American Slaw
FRI	<b>The Sausage Dog</b> Served with Chips, Peas and Baked Beans	Mac & Cheese Pot Served with Chips and Pea









**V** Vegetarian



Oily Fish





## WEEK 2 HALAL MENU @





GRAB & GO **OPTIONS** 

Chicken Shawarma Flatbread Vegetarian Mexican Tortilla Pie MON Served with Salad Served with Wholegrain Rice and Vegetables **Yellow Vegetable Curry Southern fried Chicken Katsu** TUE With Wholegrain Rice and Peas Served with Wholegrain Rice and Vegetables **Sloppy Joe Burger Louisiana Soul Bowl WED** Served with Baked Garlic and Herb Served with Mexican Yellow Rice and American Wedges and salad Slaw **Roasted Cauliflower and Chicken and vegetable Tikka Masala THUR** Chickpea Korma 🧡 🐲 With Rice and sweetcorn With Rice and sweetcorn Fish & chips The veggie dog **FRI** Served with chips beans or peas Served with beans or peas



Freshly Baked Pizza

**Jacket Potato & Toppings** 











**Vegetarian** 



Oily Fish





## WEEK 3 HALAL MENU @





GRAB & GO **OPTIONS** 

Cauliflower Mac 'n' Cheese BBQ Chicken Meatballs \*\*\* MON With Wholewheat Pasta pizza pinwheel with Pizza Pinwheel and salad **Teriyaki Chicken Soul Bowl** Vegetarian Chilli \*\*\* TUE Served with Pineapple Rice, Crunchy with Wholegrain Rice and Peas Slaw and Peas **Blackeye Bean Burger Roasted Turkey WED** Served with Baked Garlic and Herb Served with Roast potatoes, vegetables Wedges and American Slaw And gravy **Sweet and Sour Vegetables Sticky Chicken and Vegetable** Served with Wholegrain Rice **THUR Noodles Southern Fried Chicken Mexican Loaded Wedges** FRI Goujons Served with Chips, Served with Peas and Baked Beans



**SALADS:** 



**Assorted salad** 

**SANDWICHES BAGUETTES:** 

A healthy selection of sandwiches and baguettes

**HOT DISHES:** 

**Paninis** 

Pasta & Sauces

Freshly Baked Pizza

**Jacket Potato & Toppings** 





**W** Nutritionist's Choice



Peas and Baked Beans

**V** Vegetarian



Oily Fish **Wholegrain** 



Halal