

KNOWLEDGE ORGANISER

YEAR 7

ROUTE	1	23	45	67	89
	Bronze	Silver	Gold	Diamond	Platinum

CHOREOGRAPHIC SKILLS	
Unison	Two or more dancers doing movements at the same time as each other.
Formation	Where the dancers are positioned e.g. circle, triangle, straight line, diagonal line, diamond.
Repetition	Repeating movements that have occurred earlier in the dance, such repetition may be exactly the same as the original or may be changed in some way.
Canon	Two or more dancers doing movements/phrases one after the other.
Level	The height at which the movement is performed, this can be used within choreography and when developing motifs: Low level, Medium level, High level
Direction	Where the dancer is travelling to following a specific pathway e.g. forward, backward, diagonal, sideways, circular.
Communicates the stimulus	The movement chosen represents the starting point for choreography e.g. music, poem, image, story.
Structure	Is the form of the dance, how the dance is put together: Narrative, Rondo, Binary, Ternary.
Dynamics	The "how" or the quality of the movement - Speed, Weight and Flow. Time + Force = Dynamics
Mirror	Reflection of movement on the other side.
Imaginative moves	To create movements that are unique or different to others

INTERPRETIVE SKILLS	
Timing	Counted in counts, movement is usually fitted around the counts of the music.
Focus	Use of the eyes to enhance performance/ interpretative qualities, this may be between dancers, into the stage space towards the audience. Its use helps draw the audience's attention to the important aspect of the movement.
Fluency	Performing movements which flow together seamlessly.
Musicality	The ability to pick out the quality in music and make this evident, complement it, or contrast with it, through the dancer's performance.
Dynamics	The "how" or the quality of the movement - Speed, Weight and Flow. Time + Force = Dynamics
Projection	Occurs when a dancer gives out appropriate energy from the body giving a noticeable quality to the movements. It enables dancer's movements to reach beyond the body and draw the audience into what is happening.
Energy	The effort or force behind the movement.
Expression	To show of an idea or an emotion to an audience through the means of dance.

TECHNICAL SKILLS	
Accuracy	The ability to replicate movements correctly.
Co-ordination	Skill in controlling all parts of the body within the required actions.
Control	The skills required to ensure that the body can muster dance movements.
Precision	The ability to replicate dance movements which are exact and accurate.
Spatial awareness	When the dancer is well informed of their surroundings and movement, knowing where they are going, who is around them, how much space they are utilizing.
Balance	Skill in controlling the body weight over the point of support.
Strength	The muscle power required to execute dance movements
Extension	The ability to stretch fully through the limbs to create good alignment and correct positioning.
Posture	How one stands, sits.