

# Challenge

## TUESDAY

### National Apprenticeship Week is taking place this week from 9-13 February 2026.

It's a chance for you to find out more about Apprenticeships to help you make informed choices about your next steps. There will be activities available for you to complete in the Careers office in B145 at lunchtime and the Careers Team will be available if you have any questions.

### What apprenticeship could suit you best?

The content below will help you to decide if an apprenticeship could be right for them and, if so, which one.

<b>QUIZ:</b>	Take the quiz <a href="#">‘Which apprenticeship would suit you best?’</a> This will give you ideas and inspiration about the types of apprenticeship you could do.
<b>VIDEO PODCAST:</b>	Watch <b>The Bitesize Careers Video Podcast</b> episode <a href="#">‘Apprenticeships   Is an apprenticeship right for me?’</a> with apprentice Jasmine and careers coach Mark Anderson. They discuss what apprenticeships involve and provide inspiration and advice for students who may be interested in pursuing this option. <i>(6 minutes 12 seconds)</i>

### Meet the apprentices:

**Plumber:** [How to become a plumber in the UK with Bitesize Careers - BBC Bitesize](#)

**Substation engineer:** [How to become a substation engineer apprentice: Jade’s story - BBC Bitesize](#)

**Civil engineering:** [How to become a civil engineering apprentice: Kawsar's story - BBC Bitesize](#)

[For more information, visit: –](#)

- **Rushey Mead Academy website (National Apprenticeships Week 2026):** [Student Area – Rushey Mead Academy | TMET Leicester MAT](#)
- [Which could you choose: College, apprenticeship or uni? - Careers - BBC Bitesize](#)