

Enrichment Overview

Year 7



**RUSHEY MEAD
ACADEMY**

ASSEMBLIES

- Welcome back - Rushey Way - 123 and expectations
- Habits and routines - Democracy and Rule of Law in our school community - Rushey 2 Work Hard
- British Values Overview - Rushey 1 Be Kind
- Reading/Library Assembly
- Black History Month - Achievements - Rushey 2 Work Hard
- World Mental Health Day - Rushey 1 - Be Kind

PSHE

- Physical fitness and nutrition
- Personal identity
- Personal Safety
- Wellbeing and emotions
- Facing Challenges, Perseverance and Goal setting
- Personal Hygiene
- Body Image & Body Shaming
- Vaping, smoking and alcohol
- Friendships & Families
- Bullying and peer pressure
- Being an upstander
- Discrimination - Racism
- Discrimination – Homophobia
- Discrimination -Stereotypes and women's rights
- Online safety and responsibilities
- Fake news – reality v online world
- Immigration and tolerance
- Understanding grief and bereavement

- House assemblies
- Protected Characteristics & the Equality Act 2010 Overview - Rushey 1 Be Kind
- Remembrance - Rushey 1 Be Kind
- National Recycling Week - Rushey 1 Be Kind
- British Values: The Rule of Law - Democracy - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010: Homophobia - Rushey 1 Be Kind
- British Values: Tolerance of Different Faiths and Beliefs - Radicalisation & Extremism - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010: Disability Discrimination - Rushey 1 Be Kind
- Holocaust Memorial - Rushey 1 Be Kind
- National Apprenticeship Week - Rushey 3 Develop Your Whole Self
- World Book Day - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010: Sexism & Celebration of International Women's Day - Rushey 1 Be Kind
- Learning to Learn & End of Year Exams - Rushey 2 Work Hard
- British Values: Mutual Respect - Rushey 1 Be Kind
- Healthy Eating Week - Rushey 3 Develop Your Whole Self
- KS4 - Careers Assembly: making students aware of the routes into work and options available for vocational and academic pathways.
- Leadership at Work: giving students exposure to different pathways that they can take to get a suitable job role for themselves and that not one size fits all.

CAREERS EDUCATION

- Careers Terminology
- Employability Skills – what they are, why they are useful, how many do you have, how can you improve them – Who am I?
- What you can do at school/outside school to improve your skills
- Linking careers to the curriculum
- Dream Jobs, work roles & different careers pathways
- Work/Life Balance
- Careers in the future
- What's my job event



STOP THE CLOCK SESSIONS

- Puberty
- Being mentally healthy
- My body, my rules
- Child-on-child abuse
- Healthy Relationships and well-being



TUTOR TIME

- Rushey 1,2,3 Ready
- Read Aloud
- Topical Issues
- Rushey 3 Passport
- Learning to Learn
- Careers Education
- PSHE



CITIZENSHIP/ BRITISH VALUES

- Migration in Britain Today
- British Values
- Multiculturalism in Leicester
- The UK Census
- What are laws
- How are laws made
- Why do young people commit crime
- What are the roles and powers of the Police
- How do courts deal with crime
- How effective and punishments in the UK
- Britain's status in the modern world

- Power of the Monarch
- Debate: Do we need a monarch?
- Identity and Diversity
- What does identity mean?
- What does it mean to be British?
- History of Britain
- 4Multicultural Britain
- What is your identity?
- Are people being treated equally in UK Society
- Prejudice+ Discrimination and challenging discrimination



TRIPS/ VISITS

- Caythorpe residential
- De Montfort Univeristy PP
- National Space centre
- Outdoor pursuits Centre
- Farm Trip PP
- Twin Lakes Reward Trip
- Girls Can Stem Workshop
- New Walk Museum (Art)
- National Space Centre (Science)



WHOLE SCHOOL OPPORTUNIES

- Organise charity events
- House Captain
- Library Leader
- Student Council Rep
- Student voice action group
- Wildlife Warrior
- Kindness ambassador
- House Captain
- Starter buddy
- Rushey 3 Graduate
- Brilliant Club Graduate
- Student executive team (Trust)
- Take part in the school production
- Represent the school externally
- Drum Lessons
- Singing Lessons
- Piano lessons
- Guitar lessons
- Woodwind lessons

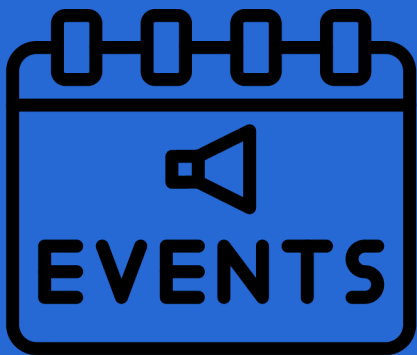
COMPETITIONS

- Diwali/Rangoli Art
- Halloween Banner - Art
- Christmas Card Illustrate a Story Art
- Easter Bookmark
- Cultural Day Art
- Open Exhibition - Art
- Science Reading Challenge
- Historical Egg Competition
- Historical Fiction Writing
- Malcolm Doolin Local History Research Competition
- Rushey 3 in RE
- Rushey 3 in RE
- Languagenut competition
- Rushey 3 French
- Baller League
- Inter School Football
- Masterchef
- Rotary Tournament - DT
- So You Think You Can Dance Competition



EVENTS

- BAE Roadshow
- Meet the beasts
- Eco Roadshow
- Culture Day
- House Celebration
- Student Comedy Event
- Charity penalty shoot out
- Iftah Meal
- Diwali Celebration Event
- School Production
- Music Concert
- Dance Showcase
- Dance Showcase
- Navratri Party
- Sports Awards Evening
- Rushey 3 Graduation
- What's my job event



CLUBS

- Breakfast Club
- Wildlife Warriors
- Choir
- Warhammer Club
- Creative Writing club
- History Club
- Robotics club
- SVAT club
- Bollywood Dance Club
- Drama Club
- Basketball
- Cricket
- Netball
- Dodgeball
- Girls fitness training
- Boys fitness training
- Art Club
- MasterChef
- Photography Club
- Young Carers
- Cooking Club
- Fun Club
- Drum CLub
- Guitar Club
- Jazz club



PERSONAL DEVELOPMENT AND WELLBEING

Skills and qualities students will develop through our enrichment activities:

- Confidence and self-belief
- Resilience and perseverance
- Character development
- Emotional literacy
- Healthy relationships skills
- Social skills & teamwork
- Independent thinking & decision-making
- Respect and tolerance
- Cultural capital
- Informed choices about health
- Digital awareness & online safety
- Preparedness for future learning & employment
- Understanding British Values
- Active citizenship
- Spiritual, moral, social and cultural development

Personal Development Matters

We provide a broad, coherent programme of personal development that supports pupils to become confident, resilient and well-rounded young people prepared for life beyond school.