

Enrichment Overview

Year 8



**RUSHEY MEAD
ACADEMY**

ASSEMBLIES

- Welcome back - Rushey Way - 123 and expectations
- Habits and routines - Democracy and Rule of Law in our school community - Rushey 2 Work Hard
- British Values Overview - Rushey 1 Be Kind
- Reading/Library Assembly
- Black History Month - Achievements - Rushey 2 Work Hard
- World Mental Health Day - Rushey 1 - Be Kind

PSHE

- Puberty
- Vaccinations
- Healty Living
- Personal Care
- Mental Health
- Emotions & resilience
- Body Positivity & social media
- Healthy Relationships
- Bullying
- Disability discrimination
- LGBTQ+ rights
- Discrimination -Stereotypes and women's rights
- Online bullying
- Digital citizenship
- Risks of online strangers (Harmful Contact/ grooming)
- What is fraud?
- Homelessness

- House assemblies
- Protected Characteristics & the Equality Act 2010 Overview - Rushey 1 Be Kind
- Remembrance - Rushey 1 Be Kind
- National Recycling Week - Rushey 1 Be Kind
- British Values: The Rule of Law - Democracy - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010:Homophobia - Rushey 1 Be Kind
- British Values: Tolerance of Different Faiths and Beliefs - Radicalisation & Extremism - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010: Disability Discrimination - Rushey 1 Be Kind
- Holocaust Memorial - Rushey 1 Be Kind
- National Apprenticeship Week - Rushey 3 Develop Your Whole Self
- World Book Day - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010: Sexism & Celebration of International Women's Day - Rushey 1 Be Kin
- Learning to Learn & End of Year Exams - Rushey 2 Work Hard
- British Values: Mutual Respect - Rushey 1 Be Kind
- Healthy Eating Week - Rushey 3 Develop Your Whole Self
- KS4 - Careers Assembly: making students aware of the routes into work and options available for vocational and academic pathways.
- Leadership at Work: giving students exposure to different pathways that they can take to get a suitable job role for themselves and that not one size fits all.

CAREERS EDUCATION

- What are my skills?
- What are my interests?
- Pathways & Options: What comes after Rushey Mead Academy?
- Beginning your career journey
- Apprenticeships
- Local job sectors
- Careers Challenges & rewards of work
- Careers and the Climate
- Careers STEM skills plus Labour Market Information
- Superhero CVs plus GCSE option choices in Year 9
- Mini UBYF work experience



STOP THE CLOCK SESSIONS

- Stereotypes and prejudice
- Knife crime awareness
- Substance Misuse
- Positive masculinity and well-being
- Selfie-safety and exploitation



TUTOR TIME

- Read Aloud
- Topical Issues
- Rushey 3 Passport
- Learning to Learn
- Careers
- PSHE



CITIZENSHIP/ BRITISH VALUES

- Human Rights
- Discrimination laws in the UK
- Freedom of Speech
- Radical Ideas
- Why is politics important
- Who runs the country
- Political Parties
- Elections and Campaigning
- Political debates in Parliament
- Migration in the UK since the end of the British Empire
- Britain and the Commonwealth

- Legacy of slavery in Britain today
- Debate: Should Britain apologise for it's role in slavery
- Active Citizenship
- What is a community?
- What makes a good community citizen?
- Community Services: What do voluntary and community groups do?
- Community Groups / Community Change
- Global Communities
- Active Citizenship



TRIPS/ VISITS

- YO Sushi PP trip
- Italy Ski trip
- Girls Play Football conference LCFC
- National Forest Trip
- Zoo trip PP
- Drayton Manor Reward Trip
- Botanical Gardens
- DMU visit PP
- Girls Can Stem Workshop
- Remembrance service in London
- Theatre Trip - PP



WHOLE SCHOOL OPPORTUNIES

- Organise charity events
- House Captain
- Library Leader
- Student Council Rep
- Student voice action group
- Wildlife Warrior
- Kindness ambassador
- House Captain
- Rushey 3 Graduate
- Brilliant Club Graduate
- Student executive team (Trust)
- Take part in the school production
- Represent the school externally
- Drum Lessons
- Singing Lessons
- Piano lessons
- Guitar lessons
- Woodwind lessons

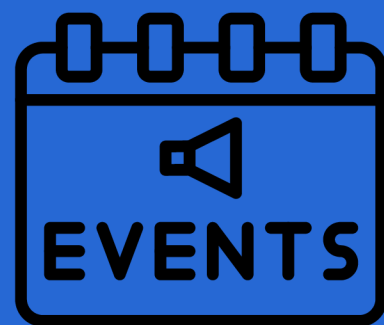
COMPETITIONS

- Diwali/Rangoli Art
- Halloween Banner - Art
- Christmas Card Illustrate a Story - Art
- Easter Bookmark
- Cultural Day Art
- Open Exhibition - Art
- Science Reading Challenge
- Historical Egg Competition
- Historical Fiction Writing
- Malcolm Doolin Local History
- Research Competition
- Rushey 3 in RE
- Baller League
- Inter School Football
- Green flag Award
- Rotary Tournament - DT
- So You Think You Can Dance Competition



EVENTS

- BAE Roadshow
- Culture Day
- House Celebration
- Student Comedy Event
- Charity penalty shoot out
- Iftah Meal
- Diwali Celebration Event
- School Production
- Music Concert
- Dance Showcase
- Navratri Party
- Sports Awards Evening
- Rushey 3 Graduation
- What's my job event
- Mini UBYF work experience



CLUBS

- Basketball
- Cricket
- Football
- Netball
- Football
- Dodgeball
- Girls fitness training
- Boys fitness training
- Breakfast Club
- Wildlife Warriors
- Choir
- Warhammer Club
- Creative Writing club
- History Club
- Robotics club
- SVAT club
- History Club
- Bollywood Dance Club
- Drama Club
- Art Club
- MasterChef
- Photography Club
- Young Carers
- Cooking Club



PERSONAL DEVELOPMENT AND WELLBEING

Skills and qualities students will develop through our enrichment activities:

- Confidence and self-belief
- Resilience and perseverance
- Character development
- Emotional literacy
- Healthy relationships skills
- Social skills & teamwork
- Independent thinking & decision-making
- Respect and tolerance
- Cultural capital
- Informed choices about health
- Digital awareness & online safety
- Preparedness for future learning & employment
- Understanding British Values
- Active citizenship
- Spiritual, moral, social and cultural development

Personal Development Matters

We provide a broad, coherent programme of personal development that supports pupils to become confident, resilient and well-rounded young people prepared for life beyond school.