

Enrichment Overview

Year 11



**RUSHEY MEAD
ACADEMY**

ASSEMBLIES

- Welcome back - Rushey Way - 123 and expectations
- Habits and routines - Democracy and Rule of Law in our school community - Rushey 2 Work Hard
- Reading/Library Assembly
- Black History Month - Achievements - Rushey 2 Work Hard
- World Mental Health Day - Rushey 1 - Be Kind
- House assemblies
- Remembrance - Rushey 1 Be Kind
- National Recycling Week - Rushey 1 Be Kind
- Holocaust Memorial - Rushey 1 Be Kind

- National Apprenticeship Week - Rushey 3 Develop Your Whole Self
- World Book Day - Rushey 1 Be Kind
- Learning to Learn & End of Year Exams - Rushey 2 Work Hard
- Healthy Eating Week - Rushey 3 Develop Your Whole Self
- KS4 - Careers Assembly: making students aware of the routes into work and options available for vocational and academic pathways.
- Leadership at Work: giving students exposure to different pathways that they can take to get a suitable job role for themselves and that not one size fits all.

PSHE

- Toxic Culture
- Promoting Positive Cultures
- Consent
- Sexual Pressure
- Sexual Health
- Sexually Transmitted Infections and contraception
- Pregnancy choices
- Parenthood
- Staying mentally healthy
- Tattoos, piercing and sunbeds
- Choices approaching adulthood
- Long-term relationships
- Sexual ethics
- Harmful sexual behaviours



CAREERS EDUCATION

- Personal statements
- Colleges
- Different courses & levels
- How to choose your college
- Recap colleges plus which colleges offer which courses
- Recap levels plus difference between T levels, BTECs & A levels
- Apprenticeships v higher education
- How to favourite courses
- favourite courses on PS16
- Researching post 16 pathways
- Making informed decisions
- CVs & Mock Interviews
- Submitting applications on PS16
- Employability skills recap plus LMI
- Popular Careers – Medicine & Healthcare
- Law, Business & Finance
- Computing & Public Services
- What happens next – college applications
- Popular Careers – Engineering & Sport
- Careers in Transport & Distribution (Logistics)
- Careers in Retail
- University of Leicester - Student Life

STOP THE CLOCK SESSIONS

- PS16
- College applications finalised
- Inappropriate And harmful sexual behaviours
- Harmful sexual behaviours, consent, sending nudes
- Honour Based Violence



TUTOR TIME

- Wellbeing
- Learning to Learn
- Careers
- Exam technique



BRITISH VALUES

- British Values Overview - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010 Overview - Rushey 1 Be Kind
- British Values: The Rule of Law - Democracy - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010: Homophobia - Rushey 1 Be Kind
- British Values: Tolerance of Different Faiths and Beliefs - Radicalisation & Extremism - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010: Disability Discrimination - Rushey 1 Be Kind
- Protected Characteristics & the Equality Act 2010: Sexism & Celebration of International Women's Day - Rushey 1 Be Kind
- British Values: Mutual Respect - Rushey 1 Be Kind



TRIPS/ VISITS

- Geography Hunstaton Trip
- De Montfort Univeristy
- Caterpillar Factory trip
- Unlock Oxford University PP
- Women in Careers - University of Leicester
- Teen tech festival - De montfort Uni
- PE Lords Cricket ground visit
- University of Leicester - PP
- Girls Can Stem Workshop
- Care Home Visit - H&SC
- DMU visit medical students & Biology workshop - H&SC



WHOLE SCHOOL OPPORTUNIES

- Organise charity events
- House Captain
- Library Leader
- Student Council Rep
- Student voice action group
- Wildlife Warrior
- Kindness ambassador
- House Captain
- Young Carers Cooking CLub
- Starter buddy
- Student executive team (Trust)
- Drum Lessons
- Singing Lessons
- Piano lessons
- Guitar lessons
- Woodwind lessons

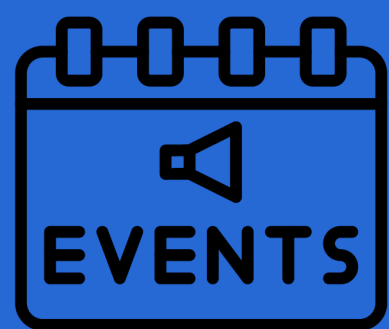
COMPETITIONS

- Apprentice competition - Business
- Sales pitch Competition - Business
- Science Reading Challenge
- British Physics Olympiad
- Historical Egg Competition
- Historical Fiction Writing
- Malcolm Doolin Local History Research Competition
- Rushey 3 in RE
- Baller League
- Inter School Football
- Rotary Tournament - DT
- So You Think You Can Dance Competition



EVENTS

- Culture Day
- Physics 'A' level taster course
- Student Comedy Event
- Charity penalty shoot out
- Iftah Meal
- Diwali Celebration Event
- School Production
- Music Concert
- Dance Showcase
- Navratri Party
- Sports Awards Evening
- Rushey 3 Graduation
- Mock Interviews
- 'We discover' UNbox your future for PP SEN students



CLUBS

- Independent Revision
- Basketball
- Volleyball
- Badminton
- Table Tennis
- Bollywood Dance Club
- Girls fitness training
- Boys fitness training
- Jazz club
- History Club
- Photography Club
- Young Carers Cooking Club



PERSONAL DEVELOPMENT AND WELLBEING

Skills and qualities students will develop through our enrichment activities:

- Confidence and self-belief
- Resilience and perseverance
- Character development
- Emotional literacy
- Healthy relationships skills
- Social skills & teamwork
- Independent thinking & decision-making
- Respect and tolerance
- Cultural capital
- Informed choices about health
- Digital awareness & online safety
- Preparedness for future learning & employment
- Understanding British Values
- Active citizenship
- Spiritual, moral, social and cultural development

Personal Development Matters

We provide a broad, coherent programme of personal development that supports pupils to become confident, resilient and well-rounded young people prepared for life beyond school.