

Discrimination and Prejudice- The LGBTQ+ Community

Today, we will:

- Understand what LGBTQ+ stands for.
- Learn about the challenges faced by the LGBTQ+ community.
- Recognise the importance of equal rights for everyone .
- Reflect on how to be supportive allies.

Discrimination and Prejudice

Key Words

Prejudice

an unfair or negative attitude, belief, or feeling toward a person or group based on characteristics

Discrimination

unjust treatment of people because of the differences or perceived differences

Stereotypes

Holding a mistaken idea or belief that people have about a thing or group that is based upon how they look on the outside, which may be untrue or only partly true.

The Equality Act

a law which protects people from discrimination in the workplace and wider society.

Homophobia

dislike of or prejudice against gay people.



Discrimination

What is an upstander?

Someone who goes along with what the bully is doing

Someone who ignores bullying when they see it happening

Someone who supports the person being bullied or reports it

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What is Sexual Orientation?

Today's lesson is on sexual orientation and the challenges that LGBTQ+ people face. It is an important lesson as it allows us to consider the challenges and experiences of different people. Sexual orientation is a protected characteristics under the 2010 Equality Act.

Task: Name the other characteristics protected under the Equality Act 2010

Age

Sex

Disability

Gender -
reassignment

Race

Religion/belief

Maternity

Marriage/civil
partnership

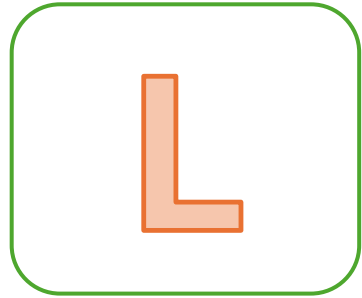
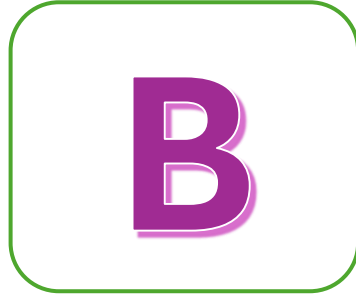
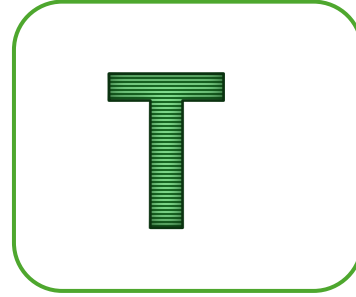
What is Sexual Orientation?

Our **sexuality** is all the things which impact our **sexual or romantic feelings**, for example who or what we find desirable or attractive.

Although we can choose who we do or don't have a romantic relationship with, we **cannot choose who we are attracted to**. If you were to think of someone attractive, you could try to distract yourself and not think about them but you could not stop yourself from finding them attractive unless you changed something about their appearance or personality.

This can be very difficult for people who may find themselves attracted to people who are not acceptable according to the expectations of their **friends, family, community or religion** and some people may not be open about their sexuality as a result.

What is Sexual Orientation?

A large, orange, sans-serif letter 'L' is centered within a white rounded square with a thin green border.A large, light blue, sans-serif letter 'G' is centered within a white rounded square with a thin green border.A large, purple, sans-serif letter 'B' is centered within a white rounded square with a thin green border.A large, green, sans-serif letter 'T' is centered within a white rounded square with a thin green border.A large, blue, sans-serif letter 'Q' is centered within a white rounded square with a thin green border.

What does this acronym stand for?

What is Sexual Orientation?

A large, orange, sans-serif letter 'L' centered within a white rounded square with a green border.

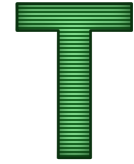
Lesbian

A large, light blue, sans-serif letter 'G' centered within a white rounded square with a green border.

Gay

A large, purple, sans-serif letter 'B' centered within a white rounded square with a green border.

Bi-sexual

A large, green, sans-serif letter 'T' centered within a white rounded square with a green border.

Transgender

A large, blue, sans-serif letter 'Q' centered within a white rounded square with a green border.

Queer/questioning

What do these terms mean?

What is Sexual Orientation?



Lesbian

A woman who is romantically attracted to another woman



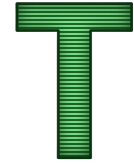
Gay

A man who is romantically attracted to another a man



Bi-sexual

A person who is romantically attracted to men and women



Transgender

A person whose gender identity does not correspond with the sex registered for them at birth.



Queer/questioning

Relating to a sexual or gender identity that does not correspond to established ideas of sexuality and gender

What Challenges do the LGBTQ+ Community Face?

Verbal Abuse and Physical Violence:

- Name-calling, slurs, and jokes.
- Harassment online and in person.
- Threats and intimidation.
- Hate crimes and assaults.

Mental Health Challenges

- Higher risks of anxiety and depression.
- Lower self-esteem.
- Increased risk of self-harm or suicide.

Exclusion and Unequal Treatment:

- Rejection by family or friends.
- Left out of social groups or activities.
- Discrimination in schools and at work.
- Fewer opportunities for promotion or recognition.

Homophobia

Watch this video [LGBT+: Teens and famous LGBT figures share their coming out stories - BBC Newsround](#)

Then discuss the following questions:

How different is it for a young LGBTQ+ person to 'come out' to family and friends in 2025 compared to over 25 years ago?

Do you think young LGBTQ+ people face the same challenges today? Why?

Why are LGBTQ+ Rights Important?

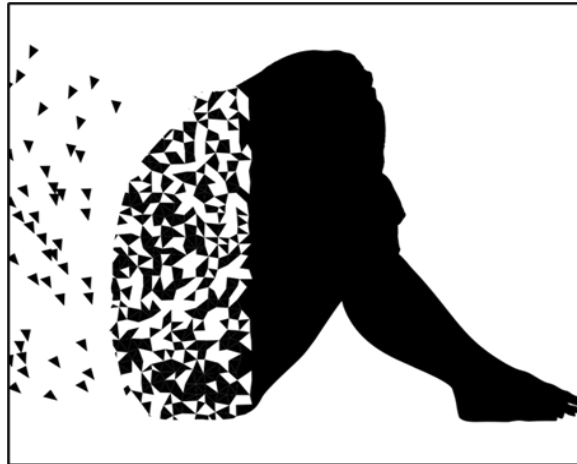
- LGBTQ+ people have faced unfair treatment in history.
- Human rights mean **everyone** deserves equality.
- Laws and attitudes have improved, but **challenges** remain.

Write down the answer to the questions below in your booklet (pg 5) then discuss your thoughts with a partner.

How would you feel if you couldn't be yourself?

Why is respect and acceptance important?

Effects of Hiding Identity



Although lots of LGBTQ+ people feel accepted and are treated well, many feel that they have to hide their identity due to discrimination and lack of acceptance.

Using these images to help you, describe how each picture could relate to a feeling of someone who is afraid to tell their family and friends that they are gay.

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Effects of Hiding Identity



Feeling sad



Stress/worry

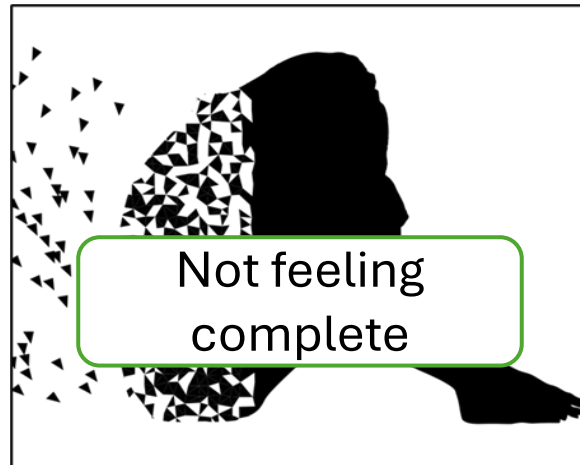


Pressure

The feelings displayed on the board can be very damaging to a person's mental and physical health.



Wanting to run away



Not feeling complete



Feeling different/don't belong

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Effects of Hiding Identity

- One in five LGBT people have experienced a hate crime or incident because of their sexual orientation and/or gender identity in the last 12 months
- Two in five trans people have experienced a hate crime or incident because of their gender identity in the last 12 months
- Four in five anti-LGBT hate crimes and incidents go unreported, with younger LGBT people particularly reluctant to go to the police.
- 30 percent of transgender youth report a history of at least one suicide attempt, and nearly 42 percent report a history of self-injury.

What Does the Law Say?

Homosexuality was **decriminalised** in England in **1967** (Scotland 1980 & N. Ireland 1982) and in 2001 the age of **consent** was brought in line with that of heterosexual sex (**16**).

The Gender Recognition Act 2004 (GRA) enables transgender adults to apply to receive a Gender Recognition Certificate. Successful applicants, are, from the date of issue, considered in law to be of their acquired gender.

The Equality Act 2010 prohibits discrimination, on the basis of protected characteristics, including Sexuality and Gender Reassignment.



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Being an Ally – Rushey 1: Be Kind

Being an ally means to support a marginalized group, even though you are not a member of that group

- Being informed
- Understand your own privilege
- Not being a bystander
- Being visibly supportive
- Listening
- Letting people speak about their own experiences (when they're comfortable to)
- Volunteering
- Fundraising
- Sharing knowledge about helpful people, organisations or other resources



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Links to your life



RUSHEY MEAD
ACADEMY

At RMA, we do not tolerate **any type** of discrimination.

- We do not comment on the **sexuality of another person**.
- We do not use **language that is homophobic**.
- We **do not mock** different types of sexualities.
- We **NEVER** say '**that's so gay**' or **anything that implies that being LGBTQ+ is bad or inferior**. Whether it is to a friend; as a joke; written in any form – including online.

Scenarios

1. At the weekend, Tom went to a party and noticed that Josh was wearing nail polish. When Tom got to school on Monday he told his friends and they began laughing at Josh and calling him 'gay' and a 'girl'. Sophie saw that Josh was upset. What should Sophie do?
 - A. Comfort Josh and tell a member of staff at school
 - B. Join in laughing at Josh
 - C. Stay out of it and ignore it
2. Shivani noticed her friend had recently been sharing homophobic memes and video online. Shivani told her friend that she should not post things like that but her friend continued and started calling Shivani homophobic names. What should Shivani do?
 - A. Start sharing the videos so that her friend doesn't call her names
 - B. Ignore her friend
 - C. Tell an adult at school

Discrimination and Prejudice

Key Words Match up

1. Prejudice

A. Holding a mistaken idea or belief that people have about a thing or group that is based upon how they look on the outside, which may be untrue or only partly true.

2. Discrimination

B. a law which protects people from discrimination in the workplace and wider society.

3. Stereotypes

C. unjust treatment of people because of the differences or perceived differences

4. The Equality Act

D. dislike of or prejudice against gay people.

5. Homophobia

E. an unfair or negative attitude, belief, or feeling toward a person or group based on characteristics

Discrimination and Prejudice

Key Words Answers

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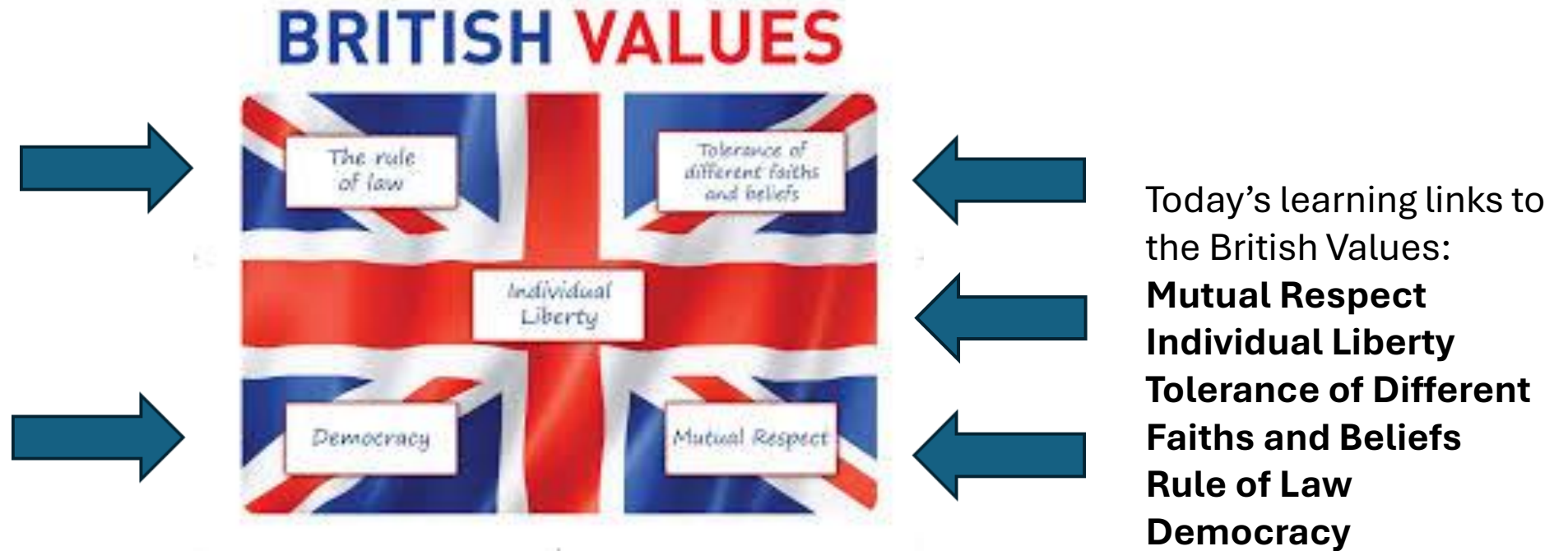
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5. Homophobia

D. dislike of or prejudice against gay people.

British Values Links



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Where Can I Get Help?

If you have any concerns about what you have learnt today you can speak to:

- Your form tutor
 - Your year team
 - Any of your teachers or teaching assistants
 - Any of the safeguarding team
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- **Samaritans:** Call 116 123 for emotional support 24 hours a day
 - **Shout:** Text SHOUT to 85258 for free 24/7 text support
 - **Childline:** Call 0800 1111 for free support day or night, or get in touch online
 - **Young Minds:** Call 0808 802 5544 for confidential support Monday to Friday from 9.30 AM to 4 PM



Meet your Safeguarding Team
please share your concerns

 Victoria Barwell Principal	 Faisal Lohar Vice Principal	 Andrew Curran Safeguarding Officer		
 Shireen Takolia SENCO	 Marion Bullivant Family Support Worker	 Maria Jones Family Support Worker	 Alex Furniss Deputy DSL	 Rebecca Lowth Behaviour Mentor Year 7
 Pamela Raj Assistant Head of Year 7	 Charanjit Kaur Assistant Head of Year 8	 David Harilal Assistant Head of Year 9	 Meera Pithwa Assistant Head of Year 10	 Joseph Talby Assistant Head of Year 11

STUDENTS
If you are worried about your safety and need support, please email us on safe@rushey-tmet.uk

STAFF
Report via the desktop app or if you do not have access to this, email us on safeguarding@rushey-tmet.uk


RMA Safeguarding Concern Form